

Outfit of the Week

Check Out Our New Website Feature

Whether you are a bride-to-be, interviewing for a job, or just looking for some casual clothes, you'll want to visit our website, www.goodwillenc.org, on a regular basis to see our featured outfit of the week to get some great ideas about what is available at our GCF Donation Centers & Stores[®]. Bargains are available everyday and shoppers find that they don't have to spend a lot of money to dress well and stylishly.



For example, many of the wedding dresses in our stores are priced under \$100, depending on the style. Do you have a big job interview coming up? A man can spend \$16.77 plus applicable sales tax for a suit, shirt and tie. Need shoes? Add a nice pair of shoes for another \$3.39. For a woman, a suit, blouse and shoes will cost \$14.67, plus tax. How about back-to-school clothes for the children? All children's items, with the exception of coats are priced at only \$2.59.



In this economy, when stretching those dollars is important, your GCF Donation Center & Store[®] can be a great source of clothing and household goods for the whole family. 29 GCF Donation Centers & Stores[®] are located throughout eastern North Carolina and they all offer excellent gently used clothing, household goods and furniture.



GCF Community Foundation[®]
4808 Chin Page Road
Durham, NC 27703

Talk to us ...

It is a great pleasure to bring you our newsletter and to keep you updated with what is happening at the Goodwill Community Foundation. If you have questions or comments about our programs or if you would rather not receive the GCF Report, please call (919) 941-9600.

The

GCF

Goodwill Community Foundation

Summer 2009

Report



INSIDE

GCFLearnFree achieves a remarkable milestone.

The GCF Nature Center continues to supply the Food Bank with fresh produce.

Raleigh Parks & Recreation campers enjoy the GCF Nature Center.

Check out our new website feature, the outfit of the week.

GCFLearnFree[®] Milestone Membership Reaches 800,000



There was great cause for celebration recently in the offices of GCF Global Learning[®] as they logged their 800,000th member. The free computer and life skills training website is helping people in eastern North Carolina and around the world improve their computer skills, everyday life skills, and more recently, their job-seeking and career skills.

GCFLearnFree[®] has been a wonderful resource for people who need to upgrade their computer skills to make themselves more competitive in the current job market. The site also offers them excellent advice on how to polish resumes and to write a cover letter that will get them noticed. There are even tips on how to present the best image during a job interview.



Career Development
Start your job hunt with the knowledge you need to stand out from the crowd!

Of course, the mainstay of the site is the comprehensive computer training. Whether a person needs to start at the beginning with computer basics, or needs to gain Microsoft Office skills, GCFLearnFree[®] can accommodate all of their needs. And the remarkable fact is that all of the training is absolutely free.



Access NEW ★
Learn the basics of Access by working with tables, records, queries, and reports in an existing database.
2007

A recent addition to the computer training is Access 2007. This class is also offered with the help of an online instructor and people completing the class are

eligible to receive continuing education units and a certificate of completion. Other classes offering CEUs include Word, PowerPoint, Excel and Math Basics.

For those who don't need the CEUs and prefer to work at their own pace, tutorials are offered on computer, internet and email basics, Microsoft Office applications and even Facebook 101. The tutorials are a great way to brush up on existing skills or to learn new skills without the structure of an online class.

Take advantage of this excellent resource by visiting www.GCFLearnFree.org and see what is offered that can help you.

Our Mission...

To create and provide education, employment and life enrichment opportunities for people who desire to improve the quality of their lives.

Fresh Produce Continues to go to the Food Bank

The addition of raised beds to the gardens of the GCF Nature Center has allowed for a much higher production of produce than in previous years. By the end of the first week of August, the Nature Center had donated 1,660 pounds of produce to the Food Bank of Central and Eastern North Carolina. This year's crop includes corn, tomatoes, okra, squash, green, red and banana peppers, green beans, cucumbers, eggplant and blueberries. In the fall pumpkins will be harvested.



The GCF Nature Center Program serves adults with disabilities. They spend several hours, two days a week at the Nature Center where they help with the planting, nurturing and harvesting of the produce in the vegetable gardens and greenhouse. They also spend time nurturing the flowers in the ornamental Memorial Garden.



Raleigh Parks & Recreation

Group Experiences Nature Up Close

For most of the members of the Raleigh Parks & Recreation group visiting the GCF Nature Center, harvesting blueberries and green beans and deadheading flowers were new experiences. These adults with disabilities were on a field trip as part of their summer camp. Two groups visited the Nature Center this summer and everyone was excited about participating in the day's activities.



Picking green beans.



Picking blueberries.



Kimi Dew, Nature Center coordinator, talks to the group about the ornamental garden.